



Sponsored by
 Care Alternatives Hospice, Atria Marina Place Assisted Living,
 Ezra Home Care, StilMee's Beverly Moore, & Dare to Downsize

Experience this unique and powerful program for healthcare professionals and family members coping with aging spouses or parents dealing with physical and cognitive function losses.



VIRTUAL DEMENTIA TOURSM
 YOUR WINDOW INTO THEIR WORLD

The **Virtual Dementia Tour® (VDT®)** is a real-life simulation that allows you to experience the sights, sounds, and feelings that those with Dementia adapt to every day as they try to accomplish simple tasks. Enhance your understanding of what it is really like to live with Dementia by attending Care Alternatives Hospice **Virtual Dementia Tour®** Program.

While we will never be able to fully understand how Dementia feels, the **VDT®** demonstration is an attempt to provide profound insight into the lonely, frightening world of Dementia. This enlightening program helps all of us to perceive aging and cognitively-impaired diseases in a more compassionate way.

Ways The **VDT®** Limits Sensory and Physical Capabilities:

Feet: Simulate foot pain that frequently accompanies poor circulation, neuropathy, and/or arthritis.

Hands: Simulate arthritis in hands as well as loss of sensory feel, simulate loss of fine motor skills in the hands, simulate decrease in sensory motor nerves which results in decrease sensitivity to touch, injury, and temperature variations.

Eyes: Impair peripheral vision, simulate vision impairment such as macular degeneration, reduced sensitivity to lighting, increased presence of glare and hazy eyesight.

Ears: Simulate hearing loss.

That is all the "hints" we can mention without affecting the benefits of experiencing the program yourself.

Where:

Best Western Adams Inn
 29 Hancock Street
 Quincy, MA 02171

When:

Tuesday, March 12, 2013
 Afternoon sessions are available. 3:00, 4:00, 5:00
 Followed by Networking and Refreshments
 back at Atria Marina Place, 4 Seaport Dr, Quincy.
 A specific time will be assigned to you.
 Groups of 8. Space limited. Registration required.
 Contact Nancy or Carol to indicate time availability.

Who to Contact:

Nancy VanBenschoten
 Atria Marina Place Assisted Living
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OR

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 Care Alternatives Hospice
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